

BLOOMSBURG PANTHERS FOOTBALL 2022 YOUTH FOOTBALL CAMP



DAY #1 SCHEDULE

5:00 (30)	REGISTRATION/CHECK-IN
5:30 (10)	GROUP MEETING-ITINERARY REVIEW
5:40 (10)	STRETCH
5:50 (20)	OFFENSIVE INDIVIDUAL
	**QB/RB/WR/OL **
6:10 (20)	OFFENSIVE GROUP
	SKILLS 2-LINE PASSING & ROUTE RUNNING
	LINEMAN-RUN & PASS BLOCKING
6:30 (5)	BREAK
6:35 (5)	GROUP MEETING-REVIEW
6:40 (15)	OFFENSIVE TEAM
	** HUDDLE & FORMATIONS**
6:55 (5)	GROUP MEETING-REVIEW
7:00 (5)	BREAK
7:05 (15)	COMPETITION SEGMENT
	SKILLS 2-HAND TOUCH
	LINEMAN- "RAGE IN THE CAGE"
7:20 (10)	GROUP MEETING-REVIEW & GUEST SPEAKER
7:30 (--)	CONCLUSION OF DAY #1

DAY #2 SCHEDULE

5:00 (30)	REGISTRATION/CHECK-IN
5:30 (10)	GROUP MEETING-ITINERARY REVIEW
5:40 (10)	STRETCH
5:50 (20)	DEFENSIVE INDIVIDUAL
	DL /ILB/DB/OLB
6:10 (20)	DEFENSIVE GROUP
	SKILLS- 1 V 1 & 7 V 7
	LINEMAN-RUN & PASS TECHNIQUE
6:30 (5)	BREAK
6:35 (5)	GROUP MEETING-REVIEW
6:40 (15)	DEFENSIVE TEAM
	HUDDLE & FORMATION RECOGNITION
6:55 (5)	GROUP MEETING-REVIEW
7:00 (5)	BREAK
7:05 (15)	TACKLING CIRCUIT-BAGS
	ANGLE/STRAIGHT AHEAD/OPEN FIELD
7:20 (10)	GROUP MEETING-REVIEW & GUEST SPEAKER
7:30 (--)	CONCLUSION OF DAY #1

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DAY #3 SCHEDULE

5:00 (30)	REGISTRATION/CHECK-IN
5:30 (10)	GROUP MEETING-ITINERARY REVIEW
5:40 (10)	STRETCH
5:50 (20)	FORM RUNNING
	STANCES & STARTS
	FORM RUNNING & AGILITIES
6:10 (5)	BREAK
	SKILLS 2-LINE PASSING & ROUTE RUNNING
	LINEMAN-RUN & PASS BLOCKING
6:15 (15)	PUNT & PUNT RETURN
6:30 1(5)	KICKOFF & KICK RETURN
6:45 (15)	FG/PAT
6:55 (5)	GROUP MEETING-REVIEW
7:00 (5)	BREAK
7:05 (15)	OBSTACLE COURSE
7:20 (10)	GROUP MEETING-REVIEW & GUEST SPEAKER
7:30 (--)	CONCLUSION OF DAY #1

DAY #4 SCHEDULE

4:00 (15)	REGISTRATION/CHECK-IN
4:15 (10)	GROUP MEETING-ITINERARY REVIEW
4:25 (10)	STRETCH/PREP FOR COMPETITIONS
4:35 (20)	PUNT
4:55 (20)	PASS
5:15 (20)	KICKOFF
5:35 (20)	FG/PAT
5:55 (10)	BREAK-PREPARE FOR AWARDS PRESENTATION
6:05 (15)	PRESENTATION OF AWARDS
6:20 (15)	GROUP MEETING-REVIEW & GUEST SPEAKER
6:30 (--)	CONCLUSION OF CAMP